

Increased Knowledge: Child Growth & Development

POLICY:

Parents will be given opportunities to increase their knowledge of child growth and development.

- *This policy relates to [Head Start Performance Standards 45 CFR Part 1304.41](#)*

PROCEDURE:

1. On a regular basis, parents and staff plan activities to strengthen parents' knowledge and confidence about child growth and development and how best to meet the needs of their child.
2. Activities can take place at parent meetings, parent/teacher conference, formal/informal workshops and home visits.
Topic's could include:
 - . nutrition
 - . health
 - . dental health
 - . mental health
 - . normal child growth and development
 - . special needs
 - . discipline/behavior management
 - . safety
3. Information is provided in both verbal and written forms and in the primary language of the parent.
4. Program managers monitor parent education and involvement activities throughout the program year to review and documentation and to assist direct service staff as appropriate.

Approved by the Policy Council: April 2019