

Big Sandy Area C.A.P., Inc. – HEAD START
Program Policies and Procedures

Outside Food

POLICY:

In order to foster the health and safety of children, food served during breakfast, lunch, and snack will be prepared by School Food Service and Model City Daycare's kitchen staff. Food served to children must be high in nutrients and low in fat, sugar, and salt. Outside food poses potential risk to children including food allergies and food-borne illness.

- *This policy relates to Head Start Performance Standards 45 CFR Part 1302.44 & 1302.47*

PROCEDURE:

1. Children will be served breakfast, lunch, and snack handled and prepared by cafeteria staff. Children are not allowed to pack their meals.
2. Food prepared at home will not be allowed.
3. During classroom socials and other functions, food brought into Head Start must come from licensed vendors and must be in unopened packages. Teachers must be aware of food allergies in the classroom, and when the case arises, give prior approval for foods brought in.
4. Fresh fruits and vegetables may be brought in. However, they must be washed in the center before being prepared and served.

Approved by the Policy Council, April 2017