

Big Sandy Area C.A.P., Inc. – HEAD START
Program Policies and Procedures

Meal Substitutions

POLICY:

Head Start will provide food substitutions in the required meal patterns to accommodate medical and/or other dietary needs of children.

- *This policy relates to Head Start Performance Standards 45 CFR Part 1302.44 & 1302.47*

PROCEDURE:

1. Food substitutions will be made to accommodate the needs of children who are unable to eat or drink foods or beverages required by the meal pattern.
2. Substitutions are made only when an a completed School Food Service Modification Form (all delegates) or the CACFP required form (Model City) is obtained from a Licensed Physician or Medical Authority and includes recommended foods that may be used as substitutions.
3. Substitutions may be made for foods in the required patterns to accommodate for religious/cultural needs of a child. A statement from the parent describing the reason must be obtained.

Approved by the Policy Council, April 2017