

Big Sandy Area C.A.P., Inc. – HEAD START
Program Policies and Procedures

Family Assistance with Nutrition

POLICY:

The program will provide parent education opportunities that can offer parents new skills and information for providing nutritious meals at home, helping children to become school ready.

- *This policy relates to Head Start Performance Standards 45 CFR Part 1302.46*

PROCEDURE:

1. The program will arrange/provide parent educational activities throughout the program year to assist families with nutrition and food preparation skills through:
 - . Training
 - . Newsletters
 - . Educational materials
 - . Workshops
 - . Coordination with local agencies
2. The grantee Nutrition Services Manager/RD will assist delegate programs in obtaining/providing nutrition education opportunities as requested.

Approved by the Policy Council, April 2017