

Tooth Brushing

POLICY:

Classrooms will have supervised tooth brushing daily.

. This policy relates to Head Start Performance Standards 45 CFR Part 1304.22

PROCEDURE:

1. Each child will have his/her own toothbrush labeled with his/her name.
2. Toothbrushes will be stored with head of brush upright, in an appropriate toothbrush holder.
3. Toothbrushes and toothbrush holders will be kept clean and sanitary. The holders are placed out of reach of children and other items that may contaminate them.
4. When toothbrushes become worn, they are discarded and replaced (approximately every 3 months).
5. Children are instructed to brush their teeth after breakfast.
6. Fluoride toothpaste is to be used. To eliminate contamination when one large tube of paste is used, place a small dab (pea size) of the paste on the inside of the child's rinsing cup just prior to the child tooth brushing. The child will use his/her toothbrush to scoop the paste off the cup onto their toothbrush. This will avoid transferring germs from one child's brush to another.
7. Teachers will provide group activities that allows for children to learn proper brushing techniques.