

# BSACAP HEALTH ADVISORY MINUTES

**DATE: APRIL 27, 2017**

Meeting was Called To Order By:

Amanda Walters

Health Manager Tammy Taulbee welcomed members and thanked them for their attendance. Those present gave a brief introduction. Because of time restraints with the guest speaker, Ms. Taulbee said the agenda would be amended to allow the speaker to present first.

"Drug Trends" Presenter-Tonya Fuggit with Mountain Regional Prevention Center

Ms. Fuggit said that last year's results from the Kentucky Inventives for Prevention (KIP) self-reporting survey given to teens last year has just be released. She said these results show that there is an increase in marijuana use while prescription drug usage has decreased. She said this is due to many states legalizing marijuana. She reminded those present that during summer break is when teens usually try drugs and sex for the first time. She added that most kids try drugs in the fifth or sixth grade. "Younger expositure leads to addition," she said. She passed around various items that children admitted to using to get "high" or "drunk." She passed around alcohol whip cream, soda can and water bottle to hide drugs, highlighters and pens that hold pills, hollowed out chapstick containers to hide drugs, toliet paper roll with dryer sheet to disguise the smell of marijuana, and K4 (incense) that can be smoked and causes psychotic tendancies. She said that herion is greatly increasing in our area mainly because it can be bought fairly cheap and gives a strong high. She said this past week children picked up used needles found in the park restroom. "Talk to your kids about not picking up needles," she advised. Hepatitis is increasing in our area due to needle sticks and family members sharing toothbrushes. She also passed around a "Narcan Kit" that can be used to revive an overdosed person. Rite Aid and other pharmacies will shortly begin to sell these kits for about \$20 each. She said if you want to give your kids an excuse to not try drugs, then parents can request drug tests from their local school's resource centers. She said that way when your child is approached to try drugs, your child can say, "I can't do that. My mom drug tests me." Dr. Jason Rice spoke briefly about ways doctors are trained to prescribe suboxyone to increase the doctor's revenue. As advice for parents he said, "parents need to teach their children the connection between work and reward."

Previous Minutes:

Members received and reviewed the previous minutes without question.

Motion Made By:

Teresa Adkins

Seconded By:

Steve Walters

Motion Carried:

Yes

New Business:

KY Immunization Recommendations

Ms. Taulbee asked for a motion to follow the state's recommendation.

Motion Made By: Teresa Adkins  
Seconded By: Steve Walters  
Motion Carried: Yes

**Kentucky Tuberculosis Screening:**

Motion Made By: Teresa Adkins  
Seconded By: Steve Walters  
Motion Carried: Yes

**Recommendations for follow-up**

Motion Made By: Teresa Adkins  
Seconded By: Steve Walters  
Motion Carried: Yes

**Reports:**

**Health Services Report:**

**Disability Services Report:**

Members received and reviewed the disabilities report. Disabilities Manager Debbie McKenzie explained in detail various abbreviations associated with disabilities such as IEP, RTI etc. Mrs. McKenzie also pointed out that her report showed the majority of the programs disabilities is in speech. She noted that numbers for other disabilities maybe more considering that school systems get additional funds for more severe disabilities under KERA. After her report there were no questions.

**Nutrition Services Report:**

Nutrition Manager Lori Howard presented on her nutrition report. Most discussions centered on how the program must have a cut off point to determine a child's weight. She said that our program goes by body mass index (BMI) adding that this is not a perfect measuring tool. She said that her report is generally consistent with the numbers from this report.

**Mental Health Services Report:**

Mental Health Manager Pam Hereford reported that we contract with Mountain Comprehensive Care Center that has five licensed mental health professionals and about 27 school based therapists. She said that she will be doing a refresher training shortly on the second step curriculum for new staff and staff that have questions. After her report, no questions were asked.

**Old Business:**

There was no old business to be discussed.

**Business From The Floor:**

Members voted to hold the next meeting at the Jenny Wiley Lodge. Training topics that were suggested was depression in kids, and fire prevention.

**Adjourn:**

Hearing no other business from the floor, Ms. Walters asked for a motion to adjourn the meeting.

Motion Made By:  
Seconded By:  
Motion Carried:

Teresa Adkins  
Steve Walters  
Yes