

# KY WIC Program

Special Supplemental Nutrition Program for Women, Infants, and Children, also known as WIC, is a program that is designed to help low-income pregnant, postpartum, and breastfeeding women, infants, and children 5 years old or younger who are at nutritional risk. The Kentucky WIC program accomplishes this by providing nutritious foods to supplement diets, information that can help provide healthy eating options including breastfeeding, and referrals to health care. If you are looking to know how to apply for WIC in Kentucky, then read the information provided below.

## How To Apply for Kentucky WIC Benefits

Contact the WIC Program or local health department at 502-564-3827, for out of state call 800-462-6122 or TTY 800-648-6056. You will be asked to provide proper ID, proof of residence and information about your household income to help determine if you meet program guidelines. Most applicants are eligible for WIC who receive KTAP, food stamps or Medicaid, or:

- Are pregnant or have a pregnant woman or infant in the family who receives Medicaid, or
- Have a member of your family who receives KTAP, or
- Have a household income at or less than 185 percent of poverty.

Successful applicants will be given a simple health and diet screening to assess nutritional or health needs. WIC income guidelines.

## Effective July 2022 through June 30, 2023

Family Size	Annual \$	*Monthly \$	Twice-Monthly \$	Bi-Weekly \$	*Weekly \$
1	25,142	2,096	1,048	967	484
2	33,847	2,823	1,412	1,303	652
3	42,606	3,551	1,776	1,639	820
4	51,338	4,279	2,140	1,975	988
5	60,070	5,006	2,503	2,311	1,156
6	68,802	5,734	2,867	2,647	1,324
7	77,534	6,462	3,231	2,983	1,492
8	86,266	7,189	3,595	3,318	1,659
Each child > 8	+ 8,732	+728	+ 364	+ 336	+ 168