



# Mental Health Resources for Children, Parents, and Staff

**Paintsville Head Start Mental Health Consultant: Dani Vanderpool, LPCC**

Head Start offers a variety of Mental Health Services designed to *help keep little problems little and make bigger problems easier to handle*. These services include:

- Local access to School Based Therapist
- Individual Classroom Observation
- Consultation with Licensed Mental Health Professional
- Help with Community Resources and Referrals

### School Based Therapist Schedule

Paintsville City Elementary	Rachelle Kestner	Monday-Wednesday 8am-3pm
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Contact your child’s Teacher, Family Advocate, or Big Sandy Area Community Action Program Head Start office at 606-789-1600 for more information.