



# Mental Health Resources for Children, Parents, and Staff

## Floyd County Head Start Mental Health Consultant: Michele Watkins, LPCC-S

Head Start offers a variety of Mental Health Services designed to *help keep little problems little and make bigger problems easier to handle*. These services include:

- Local access to School Based Therapist
- Individual Classroom Observation
- Consultation with Licensed Mental Health Professional
- Help with Community Resources and Referrals

### School Based Therapist Schedule

Allen Elementary	Tabitha Fields	Thursday 8am-3pm Friday 8am-2pm
	Racheal Smith	Tuesday 8am-2pm
Betsy Layne Elementary	Tabitha Fields	Monday 8am-3pm
	Joanna Burchett	Monday 8am-2pm Wednesday 8am-3pm
DACE Elementary	Racheal Smith	Monday-Wednesday. 8am-3pm
May Valley Elementary	Seth Huff	Wednesday-Thursday 8am-3pm Friday 8am-2pm
Prestonsburg Elementary	Rita Scott	Mon/Wed/Friday 8am-3pm
South Floyd Elementary	Seth Huff	Monday-Tuesday 8am-3pm
Stumbo Elementary	Joanna Burchett	Tuesday/Thursday 8am-3pm

Contact your child's Teacher, Family Advocate, or Big Sandy Area Community Action Program Head Start office at 606-789-1600 for more information.